

Diabetic Athlete's Handbook By Sheri Colberg

By Sheri Colberg

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by Sheri Colberg - Pirates WRC -

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Dr. Sheri Colberg | Author, Fitness Expert, -

Dr. Sheri Colberg is a leading expert on fitness, A Latino's Guide to Living Well with Diabetes (2009) Diabetic Athlete's Handbook: Your Guide to Peak Performance

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