

Cognitive-Behavioral Stress Management: Workbook (Treatments That Work) By Michael H. Antoni

By Michael H. Antoni

Cognitive Behavioral Stress Management and -

of Miami have examined relations among stress, Michael Antoni, Ph.D., and Cognitive behavioral stress management intervention decreases dysphoric mood

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Department of Psychology - Michael H. Antoni, -

Michael H. Antoni , Ph.D. Professor Cognitive behavioral stress management effects on psychosocial and physiological adaptation in women undergoing treatment for

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Cognitive- Behavioral Stress Management Michael H -

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COGNITIVE BEHAVIORAL STRESS MANAGEMENT Michael H. Antoni, The study was described as an opportunity for women under treatment for breast cancer to learn

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